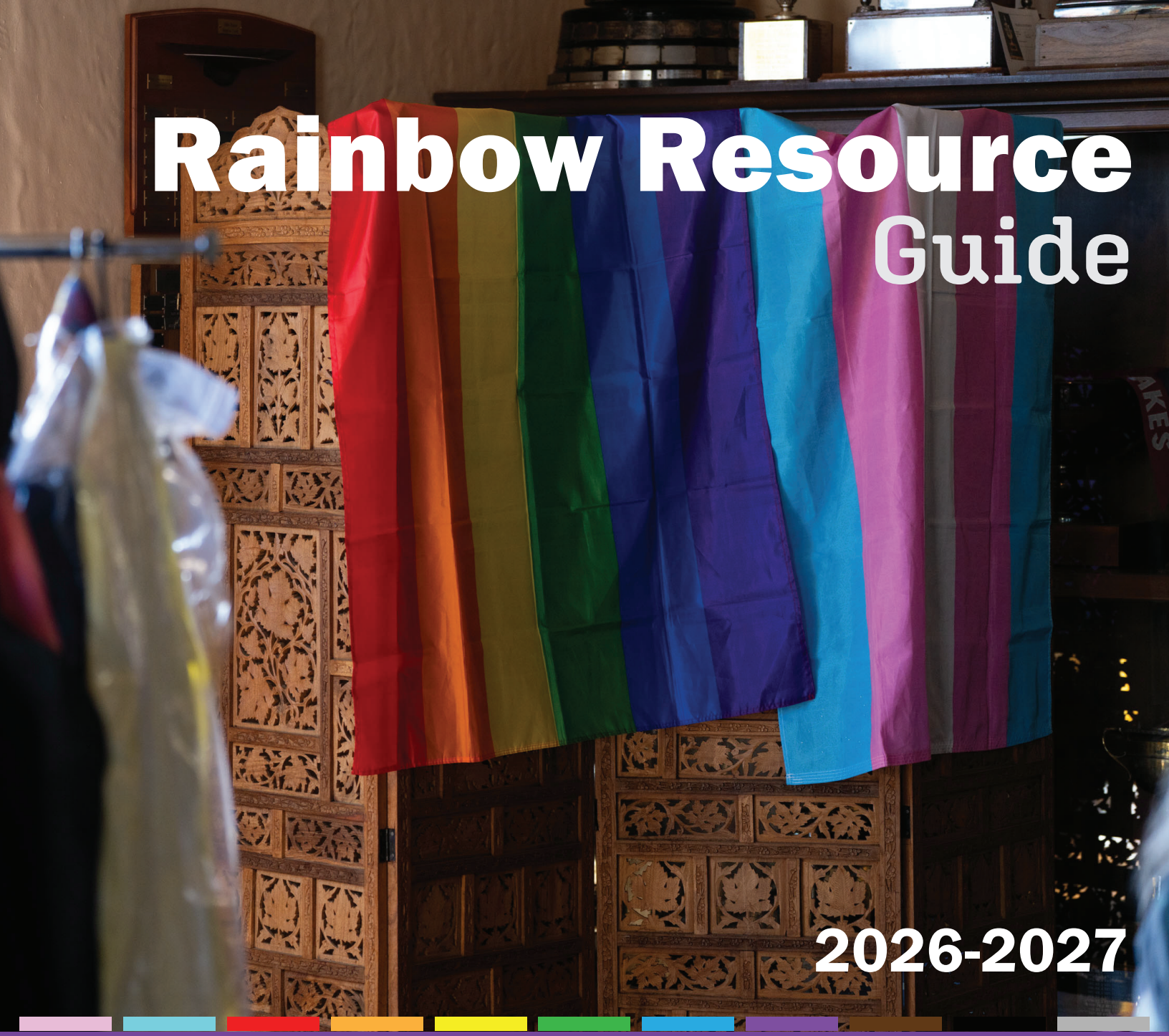


Rainbow Resource Guide

2026-2027

MiGen

Michigan LGBTQ+ Elders Network

MiGen is a statewide organization dedicated to LGBTQ+ aging adults 45+ and those who care for them. We champion the right to Age Out Loud—because every LGBTQ+ person deserves to live authentically, with dignity, safety, and connection.

About This Guide

The Rainbow Resource Guide connects LGBTQ+ older adults, caregivers, and community members across Michigan with affirming services, support, social opportunities, and other helpful resources.

Resources are organized by type and county to help you find options in your area. MiGen reviews resources for relevance to LGBTQ+ older adults and their caregivers and works to identify organizations and services that are welcoming and affirming. This guide will continue to grow as new resources are identified and added.

CENTER-LED GROUPS

ALLEGAN & OTTAWA COUNTIES
Aged With Pride (Out on the Lakeshore), Holland — Website

BERRIEN COUNTY
Elder Chat (OutCenter Southwest Michigan), Benton Harbor — Register

INGHAM COUNTY
Vintage Pride 45+ (Salus Center), Lansing — Website

KALAMAZOO COUNTY
Seasons Peer Group (OutFront Kalamazoo), Kalamazoo — Website

KENT COUNTY
Timeless Pride Connections (Grand Rapids Pride Center), Grand Rapids — Website

OAKLAND COUNTY
Senior Koffee Klatch (Affirmations), Ferndale — Website

ST. CLAIR COUNTY
Blue Water Allies, Port Huron — Website

WASHTENAW COUNTY
Jim Toy Center, Ann Arbor — Website



COMMUNITY-LED GROUPS

CLINTON, EATON & INGHAM COUNTIES
Lansing Rainbow Senior Connection, Lansing — Facebook Page

WASHTENAW COUNTY
Perfect Pair (Pairs with Pride), Ann Arbor — Website



FOOD SECURITY

CLARE, CLINTON, EATON, GRATIOT, INGHAM, ISABELLA & SHIAWASSEE COUNTIES

Greater Lansing Food Bank, Various Locations — Website

MACOMB & WAYNE COUNTIES

Fresh! by Gleaners, Warren & Detroit — Website

STATEWIDE

PantryNet — Website

LEGAL & ADVOCACY SUPPORT

MACOMB & OAKLAND COUNTIES

Lakeshore Legal Aid, Pontiac, Southfield & Warren — Website

STATEWIDE

ACLU of Michigan — File a Complaint

EqualityMI — Website

Michigan Legal Help — Website

MENTAL HEALTH

MACOMB COUNTY

Ellie Mental Health, Clinton Township — Website

STATEWIDE

Ariana Thelen: Comfortable Counseling, PLLC — Website

Michigan Wellbeing Therapy Clinic — Website

PHYSICAL HEALTH

STATEWIDE

PACE — Find the Nearest Location

NATIONAL

OutCare+ — Website



PARTNER ORGANIZATION RESOURCE GUIDES

MiGen
Michigan LGBTQ+ Elders Network

CALHOUN COUNTY
Battle Creek Pride Corporation, Battle Creek — Resource Page

GRAND TRAVERSE COUNTY
Up North Pride, Traverse City — Resource Page

STATEWIDE
EqualityMI — Resource Page
Great Lakes Bay
Pride Center — Resource Page
OutCenter Southwest Michigan — Resource Page
OutFront Kalamazoo — Resource Page
Salus Center — Resource Page
Transgender Michigan — Resource Page



OTHER

INGHAM COUNTY
The Fledge, Lansing — Website

WAYNE COUNTY
Woodlawn Cemetery, Detroit — Website

WAYNE, OAKLAND, MACOMB & WASHTENAW COUNTIES
Detroit: Needs Management, Various Locations — View Resource Map

STATEWIDE
Area Agencies on Aging (AAA) — Website
Find Help — Website

Are You a Provider?
Apply to be included in the Rainbow Resource Guide.

Suggest a Resource
Know of a resource we should include? Let us know.

Share Your Experience
Tell us about your experience with a resource listed in this guide.